1.4 Liquid nitrogen ice cream

Each 'ice cream flavor' is two-word phrase consisting of an adjective and a chemical element, encoded by moving every letter up to the first row on a QWERTY keyboard (so that Q,A,Z all become Q; W,S,X all become W; and so forth). The answers are:

- LIQUID NITROGEN
- GASEOUS SODIUM
- PLASMATIC FLUORINE
- DISSOLVED MERCURY
- CRYSTALLINE HYDROGEN
- FLUID OXYGEN
- AMORPHOUS SILICON
- AQUEOUS SULFUR
- IONIC TITANIUM
- SOLID NEON

The bold letters (of the translated version) spell LAST FOUR ELEMENTS. The last four elements in the puzzle are silicon, sulfur, titanium, and neon, whose symbols are Si, S, Ti, and Ne. Together these spell the answer: SISTINE.